

VANGUARD UNIVERSITY OF SOUTHERN CALIFORNIA



WOMEN'S BASKETBALL - 2011-12 Preseason Prospectus

VUSC Women's Basketball on line at www.vanguardlions.com/sport/0/2.php

GENERAL

NAME OF SCHOOL	Vanguard University
LOCATION	Costa Mesa, CA
FOUNDED	1920
GYMNASIUM	The Pit
NICKNAME	Lions
SCHOOL COLORS	Navy Blue and Gold
AFFILIATION	NAIA
CONFERENCE	Golden State Athletic Conference
PRESIDENT	Dr. Carol Taylor, PhD
ALMA MATER, YR	Florida State University
ATH. DIRECTOR	Bob Wilson, MA, (17th Year)
ALMA MATER, YR	Wyoming University '69
ATH. DEPT. PHONE	(714)556-3610 Ext. 2305
ASSOCIATE AD	Beth Renkoski, NSU '87, (9th Year)
ASSOCIATE AD	Nolan Steputis, VUSC '06, (5th Year)

COACHING STAFF

HEAD COACH	Russ Davis
ALMA MATER, YR	NA
VU RECORD (YRS), CAREER (YRS)	393-101 (15), 393-101 (15)
E-MAIL ADDRESS	rdavis@vanguard.edu
BASKETBALL OFFICE PHONE	(714)556-3610, ext. 2310
BEST TIME TO REACH COACH	mornings
ASST. COACHES (ALMA MATER/YR)	Bridgette Reyes (1st year), Walt Simon (2nd year)
	Elizabeth Evancoe (1st year)

TEAM INFORMATION

OVERALL RECORD LAST YEAR	17-12
CONF. RECORD/FINISH	12-8/T3rd
NATIONAL RANKING LAST YEAR	5th, Preseason
STARTERS RETURNING/LOST	3/2
LETTERWINNERS RETURN/LOST	9/6

SPORTS INFORMATION

SPORTS INFO. DIR.	Beth Renkoski, (17th year)
SID OFFICE PHONE	(714)556-3610 Ext. 2303
SID OFFICE FAX	(714)668-6144
SPORTS HOTLINE	(714)619-6600
RADIO PHONE LINE	(714)556-3610, ext. 2398 or 2399
MAILING ADDRESS	55 Fair Drive, Costa Mesa, CA 92626
VU ATHLETIC WEBSITE	www.vanguardlions.com
VU LIVESTATS LINK	www.vanguardlions.com/f/Broadcasts.php

HISTORY

OVERALL ALL-TIME RECORD	542-306 (since 1985)
NAIA TOURN. APPEARANCES	1998-2000, 2002-11 (13)
LAST POST-SEASON OPPONENT	Langston (OK), 3/17/11
RESULT	L 54-47, 2011 NAIA Div. I First Round

MEDIA INFORMATION

LA TIMES - OC EDITION	(714)966-5904 PHONE
	spcolleges@latimes.com
Peter Yoon (213)237-6469	peter.yoon@latimes.com

LA TIMES-MAIN EDITION	(800)528-4637 ext.77145 PHONE
	(213)237-7876 FAX

ASSOCIATED PRESS-LA	(213)626-1200 PHONE
	(213)346-0200 FAX

ORANGE COUNTY DAILY PILOT	(714)966-4616 PHONE
SPORTS CONTACTS:	(714)966-4668 FAX

Steve Virgen	steve.virgen@latimes.com
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Barry Faulkner	barry.faulkner@latimes.com
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ORANGE COUNTY REGISTER	(714)796-7804 PHONE
David Bean (714)796-7806	(714)796-6765 FAX

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KOCE - TV	(714)842-5790 FAX
Rick Mielke - Anchor/Reporter	rmielke@koce.org (714)861-4357

Jack Gallagher - Assignment Desk	(714)861-4356
COSTA MESA BREEZE	(714)445-6682 PHONE

	(714)445-6602 FAX
TIME WARNER CABLE	(714)549-5820 PHONE

bob.gibson@twcable.com	(714)641-2890 FAX
NAIA - SPORTS INFORMATION	(816)595-8000 PHONE

Chad Waller (816)595-8119	(816)595-8200 FAX
cwaller@naia.org	naia.cstv.com/

VICTORY SPORTS NETWORK	mail@victorysportsnetwork.com
CONTACT: Jason Dannelly	victorysportsnetwork@gmail.com

GSAC SPORTS INFO. DIRECTOR	(909)392-9225 PHONE
CONTACT: Sheri Pine	spine@qsacsports.org
GSAC WEBSITE	www.qsacsports.org

TICKETING INFORMATION

ADMISSION:	Adults - \$6, Non-VU Students with ID - \$3, Under 6 - Free
	VU Faculty, Staff, Students, Administration Free with ID
Group Admission:	Contact Nolan Steputis at nvsteputis@vanguard.edu
FREE PARKING	Limited on campus - See Campus Map

VU honors Vanguard passes for regular season HOME matches and only NAIA passes for all sports in regular and postseason play.

ATHLETIC TRAINING

HEAD ATH. TRAINER	Darin Voigt, MS, ATC (7th year)
ALMA MATER/YR	CPP '94
OFFICE PHONE	(714)556-3610 Ext. 2390
A TEP DIRECTOR	Dr. Terry Zeigler, Ed.D, ATC (27th year)
ALMA MATER/YR	VUSC '83
OFFICE PHONE	(714)556-3610 Ext. 2828
ASST. ATH. TRAINER	Alise Juanes, MA, ATC (6th year)
ALMA MATER/YR	VUSC '04
OFFICE PHONE	(714)556-3610 Ext. 2392
LOCATION	Rey Flores
INTERNS:	Katy Carter, Annie Nalepa
OFFICE PHONE	(714)556-3610 Ext. 2391

AT ROOM HOURS OF OPERATION: 12pm - 6pm, Mon-Fri

The Athletic Training Room will open 2 hours prior to any home event and will be staffed by at least one certified athletic trainer.

ATR FAX NUMBER	(714)662-5259
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CHAMPIONS OF CHARACTER PROGRAM CENTER

CONTACT	Bob Wilson - Program Director
PHONE or E-MAIL	(714)556-3610, ext 2301 or bwilson@vanguard.edu
	Joining the NAIA in "Changing the Culture of Sport"
WEBSITE:	www.vanguardlions.com

VANGUARD UNIVERSITY OF SOUTHERN CALIFORNIA

WOMEN'S BASKETBALL - 2011-12

TEAM INFORMATION

Preseason Prospectus



STARTERS RETURNING			2010-11 STATISTICS			COMMENTS	2011-12 SCHEDULE		
POS	HT	YR	GP/GS	Points/Rebs/Assists per game			Bold Denotes GSAC Games		

Paige (Alexandra) Halberg	G	5-9	Sr.	0/0	Redshirted in 2010-11		Team Captain	11/1	UCSB (Exhibition)	A	7:00 PM
Allison Burns	F	5-11	Jr.	28/17	7.3/5.2/.4			11/3	California (Exhibition)	A	7:00 PM
Ariel Castillo	G	5-8	Sr.	25/15	6.6/1.8/.8			11/5	Stanford (Exhibition)	A	2:00 PM
Chelsea Alfafara	G	5-5	Jr.	29/15	9.1/3.5/1.3		NAIA Scholar-Athlete	11/7	UCLA (Exhibition)	A	7:00 PM

OTHER KEY RETURNERS

Veronica Beavor	G	5-5	Jr.	27/13	8.9/3.2/1.3			11/19	La Verne	H	5:30 PM
Taylor Belmont	G	5-5	So.	28/0	1.9/1.1/1.			11/22	La Sierra	H	5:30 PM
Leigha Bednar	C	6-3	So.	21/3	3.3/2.7/.03			11/24-26	Corban Tournament	OR	TBA
Trisha (TJ) Goddard	G	5-7	So.	4/0	7.1/2.5/.5		season-ending injury	11/29	Point Loma Nazarene	H	5:30 PM

STARTERS LOST

Sarah Boyd	G	5-4	Sr.	29/29	11.4/3.8/6.7		All-GSAC, NAIA 2nd Tm	12/28	Montana Tech	BU	5:30 PM
Molly Pfohl	F/C	6-0	Sr.	29/29	15.5/7.1/1.1		All-GSAC, NAIA - HM	12/29	Avila	BU	1:00 PM

OTHER KEY LOSSES

Danielle Arriola	G	5-6	Sr.	21/12	3.4/1.7/.4			12/30	Un. Of British Columbia	BU	3:00 PM
Sheena Holden	G	5-5	Jr.	18/2	1.9/.8/.2		NAIA Scholar-Athlete	1/3	Westmont	H	5:30 PM

KEY NEWCOMERS

				COMMENTS	LAST SCHOOL
Alison Drennan	G	5-9	Jr.	2 years at FSU	Fresno State Un.
Maree Drennan	F	6-0	Jr.	JC Transfer	Murray State College
Esther Timmermans	F/C	6-1	Jr.	JC Transfer	Murray State College
Lindsey Harter	G	5-9	Fr.	League MVP, 2xAll-League	Bear River High School
Jordanna Smith	F	6-0	Fr.	4xAll-League, All-Metro, All-Star	Bradshaw Christian HS

ALPHABETICAL PRESEASON ROSTER

Chelsea Alfafara	G	5-6	Jr.	Dana Point, CA/Orange Coast College	
Veronica Beavor	G	5-5	Jr.	Costa Mesa, CA/Orange Lutheran HS	
Leigha Bednar	C	6-3	So.	Keller, TX/Air Force Academy	
Taylor Belmont	G	5-5	So.	Oregon City, OR/Oregon City High School	
Chantal Bowman	G	5-9	So.	Lake Forest, CA/EI Toro High School	
Allison Burns	F	5-11	So.	Yorba Linda, CA/Espananza High School	
Ariel Castillo	G	5-8	Sr.	Sunnyvale, CA/Foothill College	
Alison Drennan	G	5-9	Jr.	Wheelers Hill, Australia/Fresno State Un.	
Maree Drennan	F	6-0	Jr.	Wheelers Hill, Australia/Murray State College	
Trisha (TJ) Goddard	G	5-7	So.	Fullerton, CA/Utah State University	
Paige (Alexandra) Halberg	G	5-10	Sr.	Oregon City, OR/Oregon City High School	
Lindsey Harter	G	5-9	Fr.	Grass Valley, CA/Bear River High School	
Jordanna Smith	F	6-0	Fr.	Wilton, CA/Bradshaw Christian High School	
Esther Timmermans	F/C	6-1	Jr.	Melbourne, Australia/Murray State College	
Aundrea Dava	RS				
Samantha Doucette	RS	5-11	Fr.	Irvine, CA/Woodbridge High School	
Trinity Flores	RS	5-8	Fr.	Buena Park, CA/Whittier Christian High School	

1998, 99, 00, 03, 04, 05, 06, 07, 09, 10 GSAC CHAMPIONSHIPS

1998, 99, 00, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11 NAIA APPEARANCES

2003, 2006, 2007, 2008 NAIA FINAL FOUR

1/17	Concordia (CA)	H	5:30 PM
1/21	Fresno Pacific	A	2:30 PM
1/24	Hope International	H	5:30 PM
1/28	Biola	H	5:30 PM
1/31	Westmont	A	5:30 PM
2/4	Azusa Pacific	A	5:30 PM
2/7	San Diego Christian	H	5:30 PM
2/11	The Master's	H	5:30 PM
2/14	Concordia (CA)	A	5:30 PM
2/16	CSU San Marcos	H	7:30 PM
2/18	Fresno Pacific	H	2:30 PM
2/21	Hope International	A	5:30 PM
2/25	Point Loma Nazarene	A	5:30 PM
2/29	GSAC Tourn. 1st round	TBA	7:30 PM
3/2	GSAC Tourn. Semifinals	TBA	7:30 PM
3/5	GSAC Tourn. Championship	TBA	7:30 PM
3/14-20	NAIA National Tournament	KY	TBA

All Home Games are played on campus at The Pit

2011 GSAC Final Standings

NAIA Rank	School	GSAC	Overall
3	Azusa Pacific +	18-2	33-5
9	Biola	16-4	25-7
5	California Baptist #	16-4	27-8
23	Westmont	12-8	20-10
19	Vanguard	12-8	17-12
	Concordia (CA)	10-10	16-12
	The Master's	10-10	17-13
	Point Loma Nazarene	8-12	13-16
	Hope International	4-16	12-18
	San Diego Christian	3-17	8-20
	Fresno Pacific	1-19	8-22

2011-12 Season Outlook

+ = GSAC Champ, # = GSAC Tourn. Champ

Vanguard University's string of back-to-back GSAC women's basketball Championships was halted last season as Azusa Pacific completed a sweep of the GSAC and NAIA Championships. Winner of 10 GSAC Championships and the GSAC's winningest women's basketball coach, VU's Head Coach Russ Davis has his new group of Lions primed and ready to challenge for the program's 11th title, after finishing tied for third with a 12-8 conference mark a year ago. Davis lost a pair of NAIA All-American seniors in point guard Sarah Boyd and center Molly Pfohl, both freshmen on VU's 2008 NAIA National Championship team. However, the Lions return Paige Halberg, a fifth-year senior who used a medical redshirt year in 2010-11, but is healthy and ready to shine in her last collegiate season. Halberg, the last active player on the roster who was a part of VU's NAIA Championship, brings team-captain leadership and outstanding basketball skills to the court. A pure shooter who can pass, Halberg has developed her game in every way and has the veteran knowledge of the conference and the NAIA teams to help Coach Davis lead the Lions like another assistant coach on the floor. Looking for the program's 11th straight trip to the NAIA Tournament, VU welcomes back 8 other returners, most with at least some starting experience as Davis used 11 different players in a starting position last year. Playmaker TJ Goddard, a redshirt in 2010-11, is ready to direct the offense after making a big impression in her first few games before her injury. In addition, Davis has a trio of shooting guards and post players with experience and a hunger to replace the memory of an overall record of 17-12 a year ago. The recruiting class is stellar, led by three Australian transfers ready to make an impact, as well as 2 eager freshmen in Jordana Smith and Lindsey Harter. Sisters Alison and Maree Drennan, and Esther Timmerman bring a competitive mentality, strength, and experience as junior transfers, but will have to learn VU's system quickly. Davis is optimistic for this season. "The girls worked really hard over the summer. We are longer and taller, and have great depth at all positions. Practices have been great and competitive, and if healthy, this team can compete for everything."

www.vanguardlions.com/sport/0/2.php



Home of the 2008 NAIA Division I
Women's Basketball National Champions!

Vanguard Women's Basketball 2010-11
VUSC Combined Team Statistics (July 1, 2011)
All games

Overall record: 17-12 Conf: 11-8 Home: 8-5 Away: 8-5 Neutral: 1-2

#	Player	gp-gs	min	avg	Total		3-Point		F-Throw		Rebounds				pf	dq	a	to	blk	stl	pts	avg	
					fg-fga	fg%	3fg-fga	3fg%	ft-fa	ft%	off	def	tot	avg									
32	PFOHL, Molly	29-29	969	33.4	173-320	.541	11-35	.314	92-120	.767	82	123	205	7.1	88	5	31	83	6	17	449	15.5	
04	BOYD, Sarah	29-29	916	31.6	89-242	.368	29-71	.408	125-170	.735	37	72	109	3.8	72	2	197	80	1	64	332	11.4	
24	ALFAFARA, Chelsea	29-15	698	24.1	81-244	.332	60-175	.343	41-57	.719	32	70	102	3.5	48	0	38	47	1	33	263	9.1	
03	BEAVOR, Veronica	27-13	673	24.9	77-194	.397	55-144	.382	31-42	.738	19	68	87	3.2	57	0	38	39	2	20	240	8.9	
11	BURNS, Allison	28-17	618	22.1	87-207	.420	1-9	.111	30-54	.556	58	87	145	5.2	48	0	13	43	5	15	205	7.3	
31	GODDARD, Trisha (TJ)	4-0	69	17.3	7-20	.350	3-11	.273	11-15	.733	0	10	10	2.5	4	0	2	9	0	3	28	7.0	
25	CASTILLO, Ariel	25-15	463	18.5	43-159	.270	29-112	.259	49-57	.860	10	35	45	1.8	41	2	20	29	2	19	164	6.6	
21	ARRIOLA, Danielle	21-12	363	17.3	27-85	.318	12-45	.267	5-12	.417	12	23	35	1.7	25	0	13	19	4	17	71	3.4	
00	BEDNAR, Leigha	21-3	270	12.9	29-60	.483	0-1	.000	12-20	.600	24	33	57	2.7	48	0	7	27	4	7	70	3.3	
01	SAHAGUN, Angelica	8-2	100	12.5	10-26	.385	0-2	.000	3-5	.600	8	18	26	3.3	8	0	3	19	0	2	23	2.9	
15	BITEYE, Aminata	25-8	285	11.4	27-73	.370	0-0	.000	3-13	.231	38	52	90	3.6	47	0	3	28	10	16	57	2.3	
12	HOLDEN, Sheena	18-2	141	7.8	10-40	.250	7-29	.241	8-11	.727	6	8	14	0.8	10	0	4	12	0	2	35	1.9	
23	BELMONT, Taylor	28-0	247	8.8	19-53	.358	4-16	.250	10-15	.667	14	16	30	1.1	24	0	30	24	0	13	52	1.9	
44	SPIKES, Madison	14-0	51	3.6	0-12	.000	0-8	.000	2-2	1.000	3	7	10	0.7	5	0	3	6	0	0	2	0.1	
10	BOWMAN, Chantal	3-0	8	2.7	0-1	.000	0-0	.000	0-0	.000	0	1	1	0.3	1	0	0	1	0	0	0	0.0	
10	SPIKES, Taylor	1-0	2	2.0	0-2	.000	0-2	.000	0-0	.000	0	0	0	0.0	0	0	0	1	0	0	0	0.0	
Team											64	80	144										
Total.....		29	5873	679-1738		.391	211-660	.320	422-593	.712	407	703	1110	38.3	526	9	402	477	35	228	1991	68.7	
Opponents.....		29	5873	683-1699		.402	172-589	.292	381-548	.695	395	739	1134	39.1	576	-	416	540	67	226	1919	66.2	

TEAM STATISTICS	VUSC	OPP	Date	Opponent	Score	Att.
SCORING	1991	1919	10/30/10	WESTMINSTER (UT)	w 60-43	151
Points per game	68.7	66.2	11/18/10	vs Bethel TN	Wot 93-85	0
Scoring margin	+2.5	-	11/19/10	vs Freed-Hardeman TN	L 69-77	0
FIELD GOALS-ATT	679-1738	683-1699	11/20/10	at Union TN	L 61-95	0
Field goal pct	.391	.402	* 11/30/10	CONCORDIA (CA)	w 82-74	260
3 POINT FG-ATT	211-660	172-589	12/04/10	at Fresno Pacific	w 63-49	200
3-point FG pct	.320	.292	* 12/07/10	POINT LOMA NAZARENE	w 70-54	127
3-pt FG made per game	7.3	5.9	* 12/11/10	at Biola	L 49-76	188
FREE THROWS-ATT	422-593	381-548	12/30/10	ALBERTA (AB)	w 60-42	85
Free throw pct	.712	.695	12/31/10	HOUGHTON (NY)	w 79-48	111
F-Throws made per game	14.6	13.1	* 01/04/11	at Westmont	w 64-62	106
REBOUNDS	1110	1134	* 01/08/11	CALIFORNIA BAPTIST	Lot 76-84	99
Rebounds per game	38.3	39.1	* 01/11/11	at Hope International	w 76-65	100
Rebounding margin	-0.8	-	* 01/13/11	AZUSA PACIFIC	L 70-79	145
ASSISTS	402	416	* 01/18/11	SAN DIEGO CHRISTIAN	w 62-59	83
Assists per game	13.9	14.3	* 01/22/11	at The Master's	Wo3 92-84	0
TURNOVERS	477	540	* 01/25/11	at Concordia (CA)	L 57-71	232
Turnovers per game	16.4	18.6	* 01/29/11	FRESNO PACIFIC	w 72-53	156
Turnover margin	+2.2	-	* 02/01/11	at Point Loma Nazarene	w 68-59	211
Assist/turnover ratio	0.8	0.8	* 02/05/11	BIOLA	L 55-68	183
STEALS	228	226	* 02/08/11	WESTMONT	L 60-64	176
Steals per game	7.9	7.8	* 02/12/11	at California Baptist	w 79-78	912
BLOCKS	35	67	* 02/15/11	HOPE INTERNATIONAL	w 81-61	139
Blocks per game	1.2	2.3	* 02/17/11	at Azusa Pacific	L 69-84	244
ATTENDANCE	1936	2658	* 02/22/11	at San Diego Christian	w 70-39	125
Home games-Avg/Game	13-149	13-204	* 02/26/11	THE MASTER'S	L 70-71	221
Neutral site-Avg/Game	-	3-0	03/02/11	at Westmont	w 75-60	167
			03/04/11	at Azusa Pacific	L 62-81	173
			\$ 03/17/11	vs Langston OK	L 47-54	0
Score by Periods	1st	2nd	OT	OT2	OT3	Totals
VUSC	927	1018	25	9	12	1991
Opponents	904	977	25	9	4	1919

* - Conference game